

Volunteers  
needed



## VOLUNTEER OPPORTUNITY: Monkey Bob Volunteer

**Based At:** Crewe and/or Macclesfield  
**Reporting To:** Group Facilitator  
**Hours:** 2-3 hours per week (4-6pm Mon-Wed)

### About My CWA...

We are My CWA (formerly known as Cheshire Without Abuse), a Cheshire-based charity helping people impacted by domestic abuse since 1977. Every year, we help thousands of adults and children across the county through a range of services - from crisis accommodation, a 24-hour helpline and recovery programmes, to practical support and behaviour change programmes. Our whole family approach to support is designed to help everyone impacted by domestic abuse - the survivor, their children and those who harm and want to change their behaviour.

We believe in building a community where adults and children live free from the fear of domestic abuse and, for over 45 years, our team of staff and volunteers has worked tirelessly towards this vision.

### Volunteering at My CWA...

Volunteers are incredibly important to us. We have lots of incredible volunteers - some who offer an hour here or there when they can, and others we see more regularly - and we truly appreciate all of them.

We strive to offer high quality volunteer opportunities that are interesting, challenging and enjoyable that will contribute to your personal development.

Volunteering with My CWA can build confidence, make a life-changing difference to people in need, widen your skillset and network; and it can be fun too!

### Inclusivity & Diversity

My CWA takes great pride in fostering an inclusive work environment that recognizes and values all individuals irrespective of their race, ethnicity, gender, sexual orientation, age, or disability status. We welcome candidates from underrepresented communities and diverse backgrounds, recognising that their unique experiences and viewpoints enrich our organisation and the impact of our work.

### The role: specific Duties & Responsibilities

Monkey Bob was born in 2016. Since then, he's been used successfully with parents and professionals alike to encourage children across the UK to engage with their feelings. A friendly, likeable character, Monkey Bob helps Early Years children (those aged seven and under) to open up when they're struggling with their feelings.

The Key messages in Monkey Bob are:

- It is NOT ok for anyone to hurt or frighten you or anyone in your family.
- It is ALWAYS ok to tell someone you trust if you feel worried or frightened.
- It is ALWAYS ok to keep yourself safe if you are feeling afraid.

As a Monkey Bob volunteer, you'll be supporting the group facilitators to deliver our Monkey Bob sessions to 4-7 year olds. You will support the children to understand and engage in the session content, whilst engaging with interactive session content - e.g. cutting, gluing - and help the facilitators identify any additional needs.



### About you

As a volunteer you will be committed to supporting and mentoring individuals who attend on a weekly basis to engage in the material of the session and identify any areas that they require additional support with. This would be an excellent opportunity for a reliable, friendly and well-organised person to gain experience of supporting vulnerable young people whilst making a real difference to their lives.

To apply or learn more, email [volunteering@mycwa.org.uk](mailto:volunteering@mycwa.org.uk)